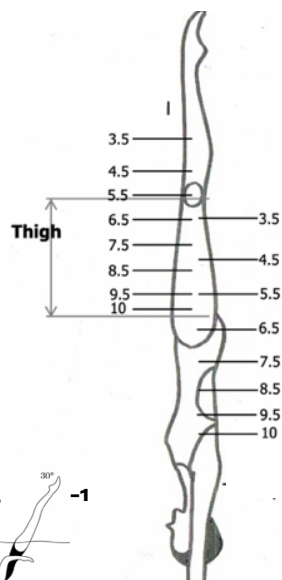
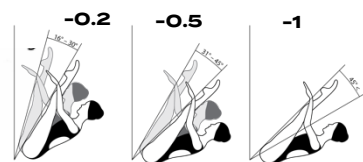


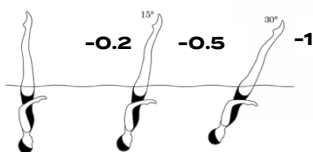
**DOUBLE VERTICAL
STABLE HEIGHT**



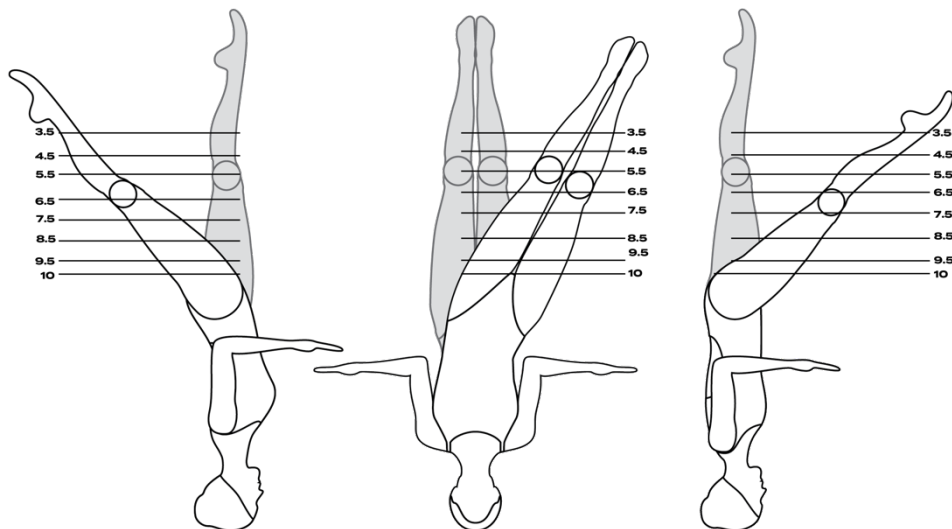
**DOUBLE VERTICAL
DYNAMIC HEIGHT**



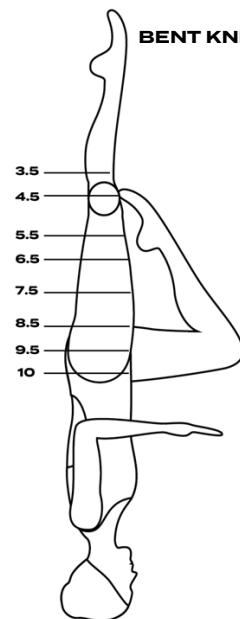
DEDUCTIONS



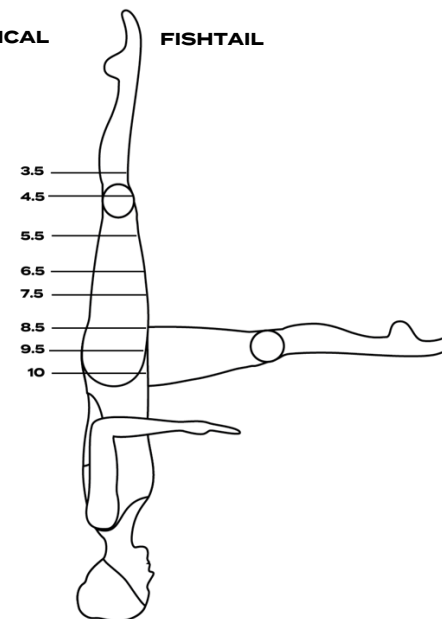
UNBALANCED DOUBLE VERTICAL



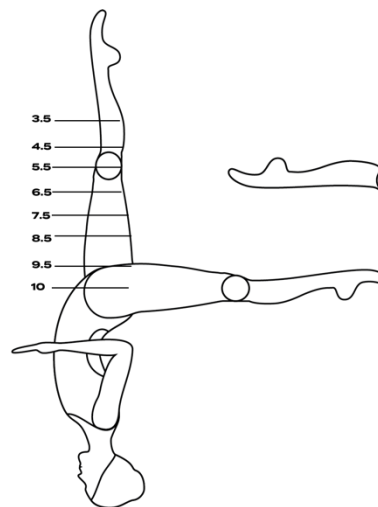
BENT KNEE VERTICAL



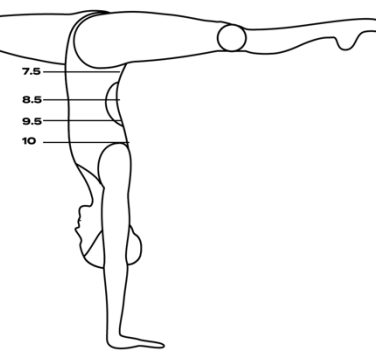
FISHTAIL



KNIGHT



AIRBORNE SPLIT



9.5 180° SPLIT



8.5 170°-180°



7.5 160° - 170°



6.5 150°-160°



5.5 130°-140°



4.5 110° - 120°



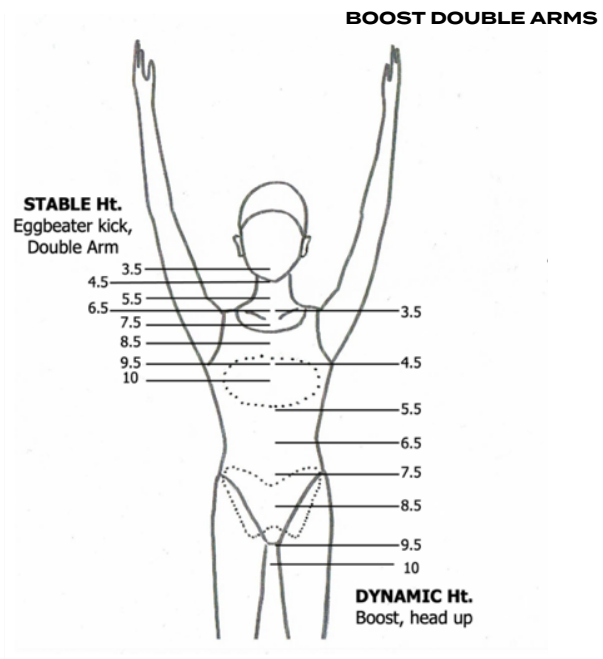
3.5 up to 100°



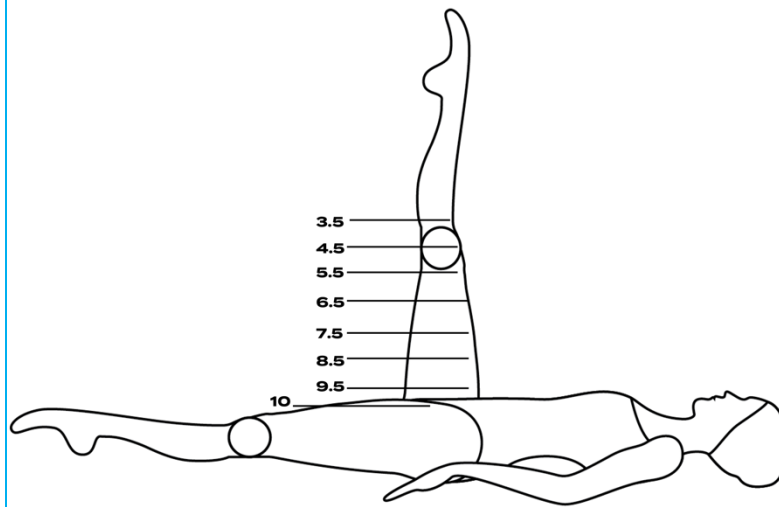
0.1 - 2.9



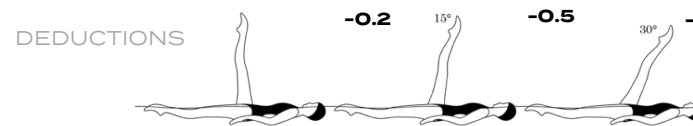
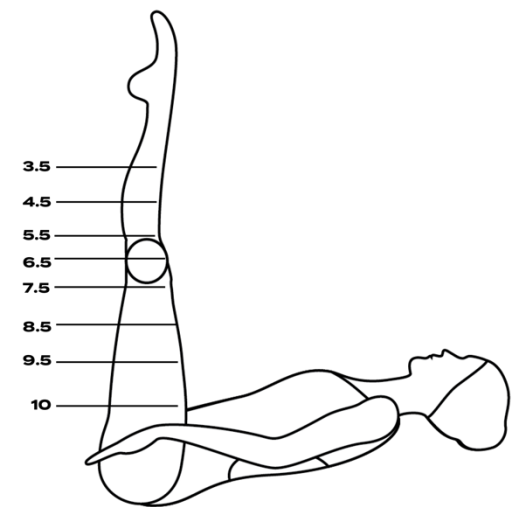
EGGBEATER DOUBLE ARMS



BALLET LEG SINGLE



BALLET LEG DOUBLE





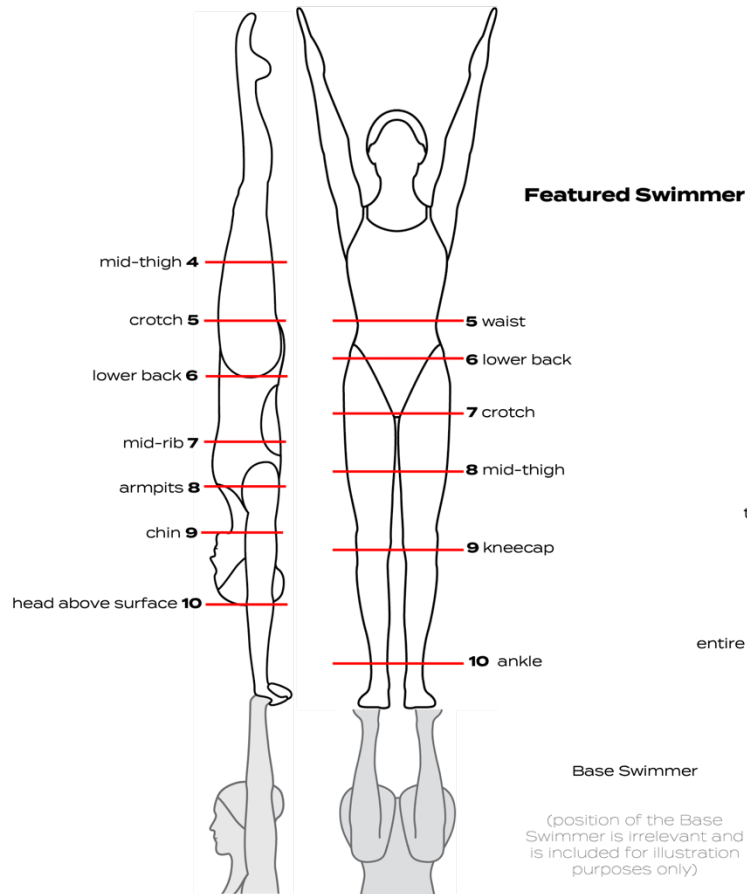
	BIG ACRO (7≤)	SMALL ACRO (6≥4)
Group A height of FEATURED SWIMMER	<p>Number of "full bodies" of the Featured Swimmer from the water surface to the center of their body mass</p> <p>4 1/2 body 5-6 1 full body 7-8 1 1/2 body 9-10 2 full bodies</p>	<p>Number of "full bodies" of the Featured Swimmer from the water surface to the center of their body mass</p> <p>5-6 less than 1/2 body 7-8 1/2 body 9-10 1 full body</p>
Group B (STACK) height of SUPPORT SWIMMER	<p>Support Swimmer</p>	<p>Support Swimmer</p>
Group B (STACK) height of SUPPORT SWIMMER	<p>Support Swimmer</p>	<p>Support Swimmer</p>
Group B (LIFT) height of BASE SWIMMER	<p>Support Swimmer</p>	<p>Support Swimmer</p>
Group P height of SUPPORT SWIMMER	<p>Support Swimmer</p>	<p>Support Swimmer</p>

GROUP C: look at the "main" formation and use the relevant chart for "big Acro" (Stack, Platform, etc.) (remember exceptions).

ACRO DEDUCTIONS: General: S -0.25, M -0.5-0.75, L -1-2; Falls: S -1, M -2, L -3. Complete fail at least 3 points.

PAIR ACRO – HEIGHT OF THE FEATURED SWIMMER

LIFT



JUMP / THROW

